

ASSAULT

Make sure that you tell someone you trust if you have been assaulted, so that you can get help.

If you find it hard to say out loud, you could try writing it down and leaving it for a member of your family or a friend.

Consider reporting it to the police as soon as possible.



www.kent.police.uk • www.report-it.org.uk

For more information visit: www.wiseup2safety.co.uk

Invest in a personal attack alarm

Contact kycc@kent.gov.uk to find out where you can get one for just £2.50



This personal safety campaign has been developed by young people in Kent & Medway & is Supported by:



Kent Fire & Rescue Service

