

TAKE IT WITH YOU!

Drink Spiking is becoming increasingly popular and is usually committed by someone you know.

It can also happen to males.

TOP TIP

Don't accept a drink from anyone else and always take it with you....even to the loo.

DATE RAPE

If your drink is spiked you are more vulnerable to rape and other abuses.

www.suzylamplugh.org

A SOFT DRINK CAN BE SPIKED TOO

www.spikey.co.uk

www.portmangroup.org.uk

www.alcoholconcern.org.uk

www.drinkaware.co.uk



For more information visit: www.wiseup2safety.co.uk

Invest in a personal attack alarm

Contact kycc@kent.gov.uk to find out where you can get one for just £2.50



This personal safety campaign has been developed by young people in Kent & Medway & is Supported by:



Kent Fire & Rescue Service

