

KEEP SAFE

Try to never be alone, especially at night

Always walk facing oncoming traffic

Don't take short cuts

NEVER hitch a lift

You CAN use reasonable force

in self defence

You CANNOT carry a weapon

Set up speed dials on your phone

Don't listen to music on your headphones

STAY ALERT

www.suzylamplugh.org

For more information visit: www.wiseup2safety.co.uk

Invest in a personal attack alarm

Contact kycc@kent.gov.uk to find out where you can get one for just £2.50



This personal safety campaign has been developed by young people in Kent & Medway & is Supported by:



Kent Fire & Rescue Service

